

## Healthy Corner

Add fruit .99

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### Old Fashioned Oatmeal 3.45

Add Fruit or Raisins .99

### Banana Oatmeal 3.95

Oatmeal loaded with bananas

### Raspberry Walnut Oatmeal 4.25

Oatmeal loaded with raspberry and walnuts

### FLAPPY'S Low Cal Club 6.95

Two poached eggs, on an English muffin, served with cottage cheese, fresh fruit and choice of small glass of fresh juice

### FLAPPY'S Delight 5.95

Three egg whites scrambled, served with fresh fruit & your choice of toast

## Country Fresh Eggs

*served with homemade premium hash browns and toast or buttermilk pancakes*

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Add Fruit .99

Substitute Egg Whites .99

Substitute Egg Beaters for .99

### One Egg Any Style 3.95

Bacon,

Sausage Links,

Sausage Patties,

Ham off the Bone 4.95

Turkey Sausage,

Canadian Bacon,

Corned Beef Hash 5.95

### Two Eggs Any Style 5.25

Bacon,

Sausage Links,

Sausage Patties,

Ham off the Bone 6.25

Turkey Sausage,

Canadian Bacon,

Corned Beef Hash 6.55

### Three Eggs Any Style 6.25

Bacon,

Sausage Links,

Sausage Patties,

Ham off the Bone 6.95

Turkey Sausage,

Canadian Bacon,

Corned Beef Hash 7.45

## Eggs Benedict Creations

*served with homemade premium hash browns*

Add Fruit .99

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### Eggs Florentine Benedict 6.95

Two poached eggs and fresh sauteed spinach on a toasted English muffin covered with Hollandaise sauce

### Southern Benedict 7.95

Grilled sausage patties on an English muffin, topped with two poached eggs and sliced tomato then covered with Hollandaise sauce

### Eggs Benedict 6.95

Two poached eggs on an English muffin with Canadian bacon covered with Hollandaise sauce

### FLAPPY'S Eggs Benedict 7.95

English muffin halves topped with bacon, tomato slices and covered with Hollandaise sauce

## Crepes or Blintzes

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### Any Additional Topping .99

Strawberry, Blueberry, Apple, Raspberry, Raisin, Peaches, Banana, Pineapple, Pecan, Walnut, Hazelnut or Chocolate Chip

### Plain Crepes 5.45

### Cheese Blintzes 6.55

## Waffles

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### Any Additional Topping .99

Strawberry, Blueberry, Apple, Raspberry, Raisin, Peaches, Banana, Pineapple, Pecan, Walnut, Hazelnut or Chocolate Chip

### FLAPPY'S Sunday Waffle 7.95

Topped with two scoops of rich premium vanilla ice cream, pecans, caramel and whip cream

### Plain Waffle 5.45

### Strawb., Blueberry, Raspb. Waffle 6.95

### Bacon, Cheddar Cheese Waffle 7.25

### Straw., Choco. Chip, Banana Waffle 7.45

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# FLAPPY'S

[www.flappyspancakehouse.com](http://www.flappyspancakehouse.com)

## Pancakes

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### Any Additional Toppings .99

Strawberry, Blueberry, Caramel Apple, Raspberry, Apple Cinnamon, Pecan, Pineapple, Peaches, Banana, Chocolate Chip, Walnut, Hazelnut.

Plain Pancakes(4) 5.95

Short Shack 4.45

Potato Pancakes(3) 5.75

Whole Grain Pancakes(4) 6.55

### Pancake Sandwich 6.95

Two pancakes with ham off the bone, served with two eggs any style

### Frontier Flapjacks 7.95

Onion, peppers, ham and cheddar cheese. Served with sour cream.

### Heavenly Celestial Body 7.95

Chocolate chips and hazelnut pancakes

### Traditional Village 7.45

Caramel apple and strawberry

### Summertime Harvest Special 7.45

Whole grain pancakes with strawberries and bananas

### Fruit Integration 7.45

Loaded with apple, blueberry and raspberry

### Village Special 6.95

Pecan and honey pancakes

### Healthy Expression 6.95

Whole grain with pecans and raisins

### Massachusetts Nut 6.95

Hazelnut and raisin pancakes

### Pigs in a Blanket 7.45

3 Sausage links rolled into 3 buttermilk pancakes

## Biscuits and Gravy

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Half Order Biscuits & Gravy 3.95

Full Order Biscuits & Gravy 4.95

## Thick French Toast

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### Any Additional Topping .99

Strawberry, Blueberry, Caramel Apple, Raspberry, Apple Cinnamon, Pecan, Pineapple, Peaches, Banana, Chocolate Chip, Walnut, Hazelnut.

Plain French Toast 5.95

Stuffed French Toast 6.95

## Egg-ceptional Skillets

*Topped with two eggs any style and served with toast or two buttermilk pancakes*

### Meatlover's Skillet 8.25

Ham, bacon and sausage

### Chicken Skillet 8.95

Chicken breast strips, mushrooms, onions and mozzarella cheese

### Vegetarian Skillet 7.95

Tomato, onion, green pepper, broccoli, spinach and mushrooms

### Fiesta Skillet 7.95

Onion, tomato, green pepper and chorizo with a side of salsa

### Skirt Steak Skillet 10.95

Mushroom, onion, green peppers

### Mediterranean Skillet 7.95

Green pepper, onion, tomato and feta cheese

### Denver Skillet 7.95

Ham, onion and green peppers

### Corned Beef Hash Skillet 8.25

### Country Skillet 7.95

Golden hash browns, topped with biscuits and gravy with two eggs any style

### Gyros Skillet 8.45

Gyro with tomato, onion and feta cheese

## Steak and Eggs

*Served with hash browns and your choice of pancakes or toast and three eggs any style*

Chopped Steak & Eggs 8.95

Country Fried Steak & Eggs 7.95

New York Steak & Eggs 12.95

Skirt Steak & Eggs 11.95

Pork Chops & Eggs 9.95

Ham of the Bone & Eggs 7.45

Chicken Breast & Eggs 7.45

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## French Fluffy Omelette

*All omelettes are made with 5 extra large eggs. Served with choice of buttermilk pancakes or toast.*

*Add fruit .99*

*Substitute egg beater or egg whites .99*

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**Plain Omelette** 5.45

**Cheese Omelette** 6.25

American, Cheddar, Swiss, Feta

**Denver Omelette** 6.95

Ham, onion and green pepper

**Ham and Cheese** 6.95

**Bacon and Cheese** 6.95

**Meatlover Omelette** 7.95

Ham, bacon and sausage

**Gyro and Feta Omelette** 6.95

**Ole Omelette** 7.45

Chorizo sausage, jalapeno peppers, onion and tomato

**Spartan Omelette** 7.95

Spinach, tomato and Feta cheese

**Vegetarian Omelette** 6.95

Green Peppers, Onions, Tomatoes, Mushroom, Broccoli, Spinach

**Broccoli and Cheese Omelette** 6.95

**Big Man Omelette** 7.95

Ham, Sausage, Bacon, Green Peppers, Onions, Tomatoes, Mushroom, Broccoli, Spinach

## Create your Breakfast Burrito

*Served with three scrambled eggs and homemade premium hash browns*

*Add fruit .99*

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**Burrito** 7.95

Choose Meat: Ham, Sausage, Mexican Sausage, Grilled Chicken, Ground Beef, or Bacon

Ingredients: Green Pepper, Onion, Tomato, Mushroom

Choose Cheese: Cheddar, Feta, Swiss, American

Add Salsa, Sour Cream or Cucumber Sauce .49

## Breakfast Paninis

*Served with three eggs scrambled and hash browns*

*Choice of American or Mozzarella cheese*

*Add Fruit .99*

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**Bacon Panini** 7.95

**Denver Panini** 8.25

**Sausage Panini** 7.95

**Veggie Panini** 8.25

**Ham Panini** 7.95

**Meatlover Panini** 8.45

Ham, bacon and sausage

## Lunch Paninis

*All panini are served with French fries and bowl of soup*

*Add Fruit for .99*

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**Chicken Pesto** 8.25

Chicken breast smothered with mozzarella cheese, lettuce, tomato and pesto sauce

**Turkey & Bacon Pepperjack** 8.25

Layered Turkey and Bacon with Pepperjack cheese

**Corned Beef & Swiss** 8.25

Layered Corned Beef with Swiss Cheese

**Meat & Cheese Panini** 7.95

Choice of Ham, Turkey or Chicken

Choice of American, Swiss, Cheddar Cheese

## Burgers

*All burgers are half pound served with garnish, French fries and bowl of soup*

*Add Fruit .99*

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**Plain Burger** 6.55

**Cheese Burger** 6.95

Topped with melted American, Swiss, Cheddar or Mozzarella

**Caterpillar Burger** 7.95

Topped with melted American and Mozzarella cheese with crispy bacon and served a toasted bun

**Feta Cheese Burger** 7.95

Topped with Feta cheese

**Mushroom Swiss Burger** 7.45

Topped with mushroom and Swiss cheese

**FLAPPY'S Burger** 7.95

Topped with sauteed mushrooms, grilled onions, melted Swiss and BBQ sauce on a toasted bun

**Burger Italiano** 7.95

Topped with marinara sauce and mozzarella cheese

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## Chicken Sandwiches

*All chicken sandwiches are 6 oz and served with garnish, French fries and bowl of soup  
Add Fruit .99*

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### Chicken Breast Sandwich 6.95

Char-broiled chicken breast served with garnish

### FLAPPY'S Chicken Sandwich 7.95

Grilled chicken breast on bun topped with sliced ham, monterey jack cheese and fresh avocado

### Chicken Cordon Bleu 7.95

Seasoned chicken breast topped with ham, Swiss cheese and mayonnaise served on sourdough bread

### Chicken Philly Sandwich 7.25

Tender seasoned char-grilled chicken breast, sauteed peppers, mushrooms and onions. Topped with melted mozzarella cheese and served on French roll

### Bacon & Cheddar Chicken Breast 7.45

Seasoned char-grilled boneless chicken breast. Topped with bacon and melted cheddar cheese and served on grilled sourdough roll

## Signature Sandwiches

*All signature sandwiches are served with French fries and bowl of soup  
Add Fruit .99*

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### FLAPPY'S Melt 7.45

Grilled chicken breast, green pepper, onion, mushroom and Swiss cheese on grilled marble rye

### Skirt Steak Philly 10.95

Skirt steak served with green pepper, onion, mushroom and topped with mozzarella on a french roll

### Grilled Chicken Quesadillas 7.25

Flour tortillas filled with chicken strips, onions, tomatoes, cheddar and jalapeno jack cheese. Served with sour cream or salsa

### Roast Beef, Tuna, Chicken Melt 6.95

Served on marble rye with Swiss cheese

### Patty Melt 7.25

Hamburger with melted American cheese and grilled onions on marble rye

### Bavarian Reuben 7.95

Tender sliced corned beef over seasoned sauerkraut on grilled marble rye with thousand island dressing and Swiss cheese

### Veggie Sandwich 6.95

Sauteed green peppers, tomatoes, fresh spinach, broccoli, mushrooms and onions topped with melted Swiss cheese on grilled sourdough

### Gyro on Pita 7.45

Gyro with tomato and onion. Served with cucumber sauce

## Soups and Salads

*Served with house rolls and butter*

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### Daily Soup

Cup 2.25 Bowl 2.75

### Classic Chef Salad 7.75

Julienne of ham, turkey, American and Swiss cheese over crisp greens with tomato and hard boiled egg.

### Caesar Salad 6.95

Fresh romaine lettuce mixed with our own Caesar's dressing, parmesan cheese and hard boiled egg

### Chicken Caesar or Cajun Chicken Salad 8.75

Fresh romaine lettuce with chicken mixed with our own Caesar's dressing, parmesan cheese and hard boiled egg.

### Cobb Salad 7.45

Charred chicken, avocado, bacon, hard boiled egg, tomato, lettuce and blue cheese.

### Skirt Steak Salad 10.95

Feta cheese, Kalamata olives, tomato, red onion, cucumber over crisp greens and oregano

### Greek Salad 7.45

Feta cheese, Kalamata olives, tomato, cucumber over crisp greens and topped with anchovies and oregano

### Soup and Salad Combo 5.25

Fresh homemade soup and fresh tossed salad served with bread and butter

## Triple Decker Clubs

*Served with french fries and bowl of soup  
Add Fruit .99*

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### BLT 6.95

Sliced bacon, lettuce, tomatoes and mayonnaise

### BLT Club 7.95

Sliced bacon, lettuce, tomatoes and mayonnaise

### Turkey Club 7.95

Sliced turkey, bacon, lettuce, tomato and mayonnaise

### Corned Beef Club 7.95

Sliced corned beef and Swiss cheese with lettuce and tomato.

### Roast Beef Club 7.95

Sliced roast beef and Swiss cheese with lettuce and tomato

### Ham and Cheese Club 7.45

Sliced ham and Swiss cheese with lettuce and tomato

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## Make your own Crisper

*Crispers served French fries and bowl of soup  
Add Fruit .99*

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### Crisper 7.95

Sautéed onion, green peppers, mushrooms and mozzarella cheese on French bread baked until crispy.

Meat Choice: Roast Beef, Turkey, Ham, Corned Beef or Chicken Breast

## Summer Delight

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### Chicken Delight 7.95

Tender chicken breast garnished with fresh fruit, served with cottage cheese and raisin toast

### Stuffed Tomato Tuna 6.95

Tuna salad garnished with cottage cheese and fresh fruit

### Low-Cal Hamburger 7.95

Beef patty with cottage cheese, garnished assorted fresh fruit and raisin toast

### Tuna Cold Plate 6.95

White tuna salad garnished with tomato wedges, cottage cheese, cucumbers, hard boiled egg, fresh fruit with raisin toast

## Make your own Wrap

*Wrapped up in a flour tortilla. Served with French fries and bowl of soup.  
Add Fruit .99*

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### Wrap 7.95

Meat Choice: Roast Beef, Ham, Grilled Chicken, Corned Beef, Turkey, Tuna, and Beef. (Skirt Steak 10.95)

Ingredients: Lettuce, Tomato, Bacon, Green Pepper and Onion.

Cheese choice: Cheddar, Swiss and American.

Toppings: Mayonnaise and Caesar Dressing.

Plate sharing \$2.50

18% gratuity added to parties 8 or more

## Side Dishes

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Bagel w/Cream cheese 2.50

Plain Bagel 1.95

Dinner Salad 2.50

Fresh Fruit 2.95

English Muffin 1.50

French Fries 1.55

Hash Browns 1.95

Corned Beef 2.75

Raisin Toast 1.55

Ham of the Bone 2.95

Toast 1.35

Bacon, Sausage Link or Patties 2.35

Cottage cheese 1.75

## Juice and Beverages

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### Fresh Squeezed OJ

Small 2.65, Large 2.95

### Apple Juice

Small 1.65, Large 1.95

### Grapefruit Juice

Small 1.65, Large 1.95

### Cranberry Juice

Small 1.65 Large 1.95

### Tomato Juice

Small 1.65, Large 1.95

### Milk

Small 1.65, Large 1.95

### Chocolate Milk

Small 1.85, Large 2.15

### Milk Shakes 2.95

Vanilla, Chocolate, Strawberry

Hot Tea 1.49

Hot Chocolate 1.95

French Vanilla Cappuccino 2.25

Ice Tea 1.85

Soft Drinks 1.65

Coffee 1.65

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