

Flappy's Healthy Corner

Grits 2.45

Oatmeal 2.45

Flappy's Delight 5.45

Three egg whites scrambled, served with fresh fruit and your choice of toast.

Flappy's Low Cal Club 6.25

Two poached eggs, on an English muffin, served with cottage cheese, fresh fruit and choice of small glass of juice.



Sharing Plates
\$2.00

Blintzes

Cheese Blintzes 6.55

With fruit toppings.

Choice of: Strawberry, Blueberry, Apple, Raspberry, Raisin, Peaches, Banana and Pineapple.

Country Fresh Eggs

Served with choice of golden hash browns or fresh fruit and choice of two butter milk pancakes or toast.
Egg beater or egg whites available - Add \$1.00

One Egg (Any Style) 3.85

With Bacon or Sausage 4.65

With Corned Beef Hash 4.95

With Canadian Bacon or Ham off the Bone 5.25

Two Eggs (Any Style) 4.25

With Bacon or Sausage 5.65

With Corned Beef Hash 5.95

With Canadian Bacon or Ham off the Bone 6.25

Three Eggs (Any Style) 5.85

With Bacon or Sausage 6.55

With Corned Beef Hash 6.85

With Canadian Bacon or Ham off the Bone 6.95



Crepes

Plain Crepes 4.95

Strawberry Crepes 6.25

Brown Sugar Crepes with Walnuts 5.25

Banana Walnut Crepes 6.25

Strawberry and Walnut Crepes 6.25

Banana Strawberry Crepes 6.25

Apple Cinnamon Crepes 6.25

Peach and Pecan Crepes 6.25

Strawberry and Cottage Cheese Crepes 6.25

Pecan Crepes with Strawberries 6.65



Eggs Benedict Creations

Served with a choice of fresh fruit or golden hash browns.

Eggs Benedict 6.25

Two poached eggs on an English muffin with Canadian bacon covered with Hollandaise sauce.



Southern Benedict 6.45

Grilled sausage patties on an English muffin, topped with two poached eggs and sliced tomato then covered with Hollandaise sauce.

Flappy's Eggs Benedict 6.25

English muffin halves topped with bacon, tomato slices and covered with Hollandaise sauce.

Everything Ala Mode

1.00 extra

Complete any breakfast with a scoop of delicious ice cream with choices of Vanilla, Chocolate and Strawberry.

Pancakes

Plain Pancakes (4)	4.95
Short Stack (2)	3.95
Whole Grain Pancakes (4)	6.25
Pancake Sandwich Two pancakes with ham off the bone, served with two eggs any style on top.	5.55
Potato Pancakes (3) Grilled to a golden brown and served with apple sauce.	4.75
Banana Euphoria Bananas! Bananas! Bananas!	5.75
California Craze Outrageous raisin pancakes.	5.95
Hawaiian Delight Tropically delicious pineapple pancakes.	5.95
Yankee Peddler Pancakes oozing with blueberries.	5.95
Do It Again A combination of strawberries and bananas. You'll definitely come for them again!	6.35
Health Expression Whole grain with pecans and raisins.	6.55
Desperately Healthy Pancake Oatmeal and raisin buttermilk pancakes.	6.35
Village Special Pecan and honey pancakes.	6.45
Dixieland Pancakes Made with bacon bits, grits and sour cream.	6.35
Ambrosia Cakes Tantalizing orange pancakes with raspberries.	6.35
Pecan Positively Pecan and dust of cinnamon.	6.35
Massachusetts Nut Hazelnut and Raisin pancakes.	6.95
Pig in the Blanket 3 Sausage links rolled into 3 buttermilk pancakes.	6.95



Pancake Vision Raisins, cinnamon, apples and nuts fill these beauties.	7.50
Nut Pancakes Whole grain pancakes with pecans and hazelnuts.	7.50
Pancake Delight Pecans and raisins. Need I say more!	7.50
Fruit Integration Loaded with apple, blueberry and raspberry.	7.50
Summertime Harvest Special Whole grain pancakes with strawberries and bananas	7.50
Health Nut Pancakes Whole grain pancakes with raisins and nuts.	7.50
Traditional Village Traditionally caramel apple and strawberry pancakes.	7.50
Frontier Flapjacks Onions, peppers, ham, and cheddar cheese. Served with sour cream.	7.50
Combination of the BEST Peaches and pecan pancakes.	7.50
Strawberry Pineapple Pancakes A perfect mixture of strawberries and pineapple.	7.50
Plowman Lunch Whole grain pancakes, peaches, pecans and honey.	7.50
Banana Nut Pancakes	7.50
Crisp Bacon and Cheddar Cheese Pancakes	7.50
Onion, Bacon, Cheddar Cheese and Sour Cream Pancakes	7.50
Strawberry, Banana and Chocolate Chip	7.95
Heavenly Celestial Body Chocolate chips and hazelnut pancakes.	7.95
Peaches, Banana and Strawberry Pancakes	7.95

Additional Toppings 1.00 extra

Strawberry, Blueberry, Apple, Black Berry, Raspberry, Carmel Apple, Apple Cinnamon, Pecan, Chocolate Chip and Carmel, Pineapple, Walnut, Hazelnut, Peaches and Banana.

Thick French Toast

Thick French Toast (3)	4.85
Strawberry French Toast	6.25
Raisin	6.25
Pineapple and Blueberry	6.25
Peach and Pecan	6.25
Apple Cinnamon	6.25
Banana and Strawberry	6.25
Raspberry, Apple and Raisin	6.25
Peaches, Banana and Strawberry	6.25
Strawberry, Blueberry and Banana	6.25
Apple and Blueberry	6.25
Apple and Raisins	6.25

Thick Stuffed French Toast

Stuffed French Toast (3)	5.95
Blueberry Stuffed	6.25
Strawberry Stuffed	6.25
Apple Cinnamon Stuffed	6.25
Peaches and Walnut Stuffed	6.25
Apple and Raisin Stuffed	6.25
Strawberry and Banana Stuffed	6.25
Banana, Walnuts and Brown Sugar Stuffed	6.25



Waffles

Belgian Waffle	4.55
Flappy's Sunday Waffle	6.95
Topped with scoops of rich premium vanilla ice cream, pecans, caramel and whip cream.	
Cinnamon	4.95
Raisins	5.95
Ground Hazelnut	5.95
Peach and Pecan	6.25
Apple Cinnamon and Raisin	6.25
Strawberry	5.95
Strawberry and Banana	6.25
Peaches, Banana and Strawberry	6.25
Orange	6.25
Raspberry, Blueberry and Banana	6.25
Strawberry, Banana and Chocolate Chip	6.25
Strawberry and Chocolate Chip	6.25
Crisp Bacon Bits	6.25
Crisp Bacon and Cheddar Cheese	6.25
Crisp Bacon Bits and Sour Cream	6.25



Additional Toppings

1.00 extra

Strawberry, Blueberry, Apple, Black Berry, Raspberry, Carmel Apple, Apple Cinnamon, Pecan, Chocolate Chip and Carmel, Pineapple, Walnut, Hazelnut, Peaches and Banana.

Everything Ala Mode

1.00 extra

Complete any breakfast with a scoop of delicious ice cream with choices of Vanilla, Chocolate and Strawberry.

Eggceptional Skillets

Start with a skillet, layer it with steaming potatoes, add your favorite cheese- American, cheddar, Swiss, monterey jack or mozzarella and top with two eggs, any style. Served with toast or two buttermilk pancakes.

Denver Skillet	6.25
Ham, onion and green pepper.	
Corned Beef Hash Skillet	6.55
Mediterranean Skillet	6.55
Green pepper, onion, tomato and feta cheese.	
Fiesta Skillet	6.55
Onion, tomato, green pepper, and chorizo with a side of salsa.	
Vegetarian Skillet	6.45
Tomato, onion, green pepper, broccoli, spinach and mushrooms.	
Meat Lover Skillet	6.95
Ham, bacon, and sausage.	
Gyro with Feta Skillet	6.95
Gyro with tomato, onion and feta cheese.	
Popeye Skillet	6.95
Spinach and feta cheese.	
Skillet Delight	6.25
Sausage, onion and mushrooms.	
Country Skillet	6.25
Layer of golden hash browns, topped with biscuits and gravy with two eggs any style.	



French Fluffy Omelets

All omelets are made with eggs and choice of two buttermilk pancakes or toast.
Choice of golden hash browns or fresh fruit.
Egg beater or egg whites available - Add \$1.00

Plain Omelet	4.55
Cheese Omelet	5.55
Ham and Cheese Omelet	5.95
Bacon and Cheese Omelet	5.95
Broccoli and Cheddar Omelet	5.95
Spartan Omelet	6.75
Spinach, tomato, and feta cheese.	
Denver Omelet	6.55
Ham, onion, and green pepper.	
Meat-Lover Omelet	6.95
Ham, bacon and sausage.	
Vegetarian Omelet	6.25
Broccoli, mushroom, green pepper, spinach, onion and tomato.	
Olé Omelet	6.55
Chorizo sausage, jalapeño peppers, onion, and cheddar cheese.	
Gyro and Feta Omelet	6.55



Egg Sandwiches

All egg sandwiches are made with two large fresh eggs.
Choice of toast or croissant.
Choice of fresh fruit or golden hash browns.

Fried Egg Sandwich w/cheese	5.25
Bacon, Sausage or Ham w/cheese	5.25
Denver Sandwich	5.25

Biscuits and Gravy

Full Order	4.75
1/2 Order	2.95

Steak and Eggs

Served with a choice of fresh fruit or golden hash browns and choice of buttermilk pancakes or toast.

Skirt Steak and (3) Eggs	9.95
Pork Chops and (3) Eggs	8.95
Chop Steak and (3) Eggs	6.95
Ham off the Bone and (3) Eggs	6.95
Chicken Breast and (3) Eggs	5.95
Ribeye Steak and (3) Eggs	10.95



Create Your Own Breakfast Burrito

Choice of fresh fruit or golden hash browns.

Start with scrambled eggs in a flour tortilla and add your favorites. 6.45

Meats: Ham, Sausage, Grilled Chicken, Ground Beef or Bacon.

Ingredients: Green Pepper, Onion, Tomato, or Mushroom.

Cheese: Cheddar, Feta, Swiss or American.

Sides: Salsa, Sour Cream or Cucumber Sauce.

Burgers

All burgers are 6-8 oz and served with a cup of soup.
Choice of fresh fruit or French fries.

- Beef Burger** 5.55
Served on a toasted bun.
- Cheeseburger** 6.25
Served on a toasted bun w/ American cheese.
- Mushroom Swiss Burger** 6.45
Topped with sautéed mushrooms and Swiss cheese on a toasted bun.
- Burger Italiano** 6.75
Topped with marinara sauce and fontinella cheese on a toasted bun.
- NIU Burger** 6.75
Topped with melted American and fontinella cheese with crispy bacon and served on marble rye bread.
- Flappy's Burger** 6.75
Topped with sautéed mushrooms, grilled onions, melted Swiss cheese and BBQ sauce on a toasted bun.
- Olive Burger** 5.95
Topped with green olives on a toasted bun.
- Swiss Burger** 5.95
Topped with melted Swiss cheese and served on a toasted bun.
- Feta Cheeseburger** 6.55
Served on a toasted bun w/Feta cheese



Melts

All melts are served with a cup of soup.
Choice of fresh fruit or French fries.

- Patty Melt** 6.25
Hamburger with melted American cheese and grilled onions on marble rye bread.
- Chicken Melt** 6.25
Grilled chicken breast and Swiss cheese on grilled marble rye bread.
- Turkey or Beef Melt** 6.25
Sliced turkey or beef and Swiss cheese on grilled marble rye bread.
- Tuna Melt** 6.25
Tuna salad on your choice of bread and cheese.
- Flappy's Melt** 6.25
Grilled chicken breast, green pepper, onion, mushroom and Swiss cheese on grilled marble rye bread.

Chicken Sandwiches

All chicken sandwiches are 6 oz. and served with a cup of soup.
Choice of fresh fruit or French fries.

- Chicken Breast Sandwich** 5.95
Charbroiled chicken breast served with garnish.
- Flappy's Chicken Sandwich** 6.25
Grilled chicken breast topped with sliced ham, monterey jack cheese and fresh avocado.
- Chicken Malibu** 6.25
Charbroiled chicken breast served with ham and Swiss cheese on marble rye bread.

Super Sandwiches

All super sandwiches are served with a cup of soup.
Choice of fresh fruit or French fries.

- Corned Beef on Rye** 5.95
Thin slices of fresh cooked extra lean corned beef on marble rye bread.
- Bavarian Reuben** 6.75
Tender sliced corned beef over seasoned sauerkraut on grilled marble rye bread with thousand island dressing and topped with Swiss cheese.
- Skirt Steak Philly** 8.95
Skirt steak served with green pepper, onion, mushroom, and topped with melted mozzarella on a french roll.
- Gyro on Pita** 6.75
Gyro with tomato and onion. Served with cucumber sauce.
- Grill Cheese** 4.95
American cheese on grilled white bread.
- BBQ Beef Sandwich** 6.25
Tender BBQ beef served on a toasted bun.
- Tuna Sandwich** 5.95
All white tuna blended with mayonnaise and served on your choice of bread.
- Monte Cristo** 6.25
Thinly sliced turkey and ham with baby Swiss cheese on Texas French toast.
- Fish Sandwich** 5.95
Golden fish filet on bun.



Soups and Salads

Daily Homemade Soup

Cup 2.25 Bowl 2.75

Served with rolls and butter.



Soup and Salad Combo

Fresh homemade soup and fresh tossed salad served with bread and butter.

4.50

Greek Salad

6.45

Feta cheese, Kalamata olives, tomato, red onion, cucumber over crisp greens and topped with anchovies and oregano.

Skirt Steak Salad

8.95

Feta cheese, Kalamata olives, tomato, red onion, cucumber over crisp greens and oregano.

Cobb Salad

6.25

Charred chicken, avocado, bacon, hard boiled egg, tomato, lettuce and blue cheese.

Chicken Caesar or Cajun Chicken Salad

6.45

Fresh romaine lettuce with chicken mixed with our own Caesar's dressing, parmesan cheese and hard boiled egg.

Caesar Salad

5.25

Fresh romaine lettuce mixed with our own Caesar's dressing, parmesan cheese and hard boiled egg.

Classic Chef Salad

7.25

Julienne of ham, turkey, American and Swiss cheese over crisp greens with tomato and hard boiled egg.

Super Triple Decker Clubs

All Super Triple Decker sandwiches are served with a cup of soup.
Choice of fresh fruit or French fries.

Ham and Cheese Club

6.55

Sliced ham and Swiss cheese with lettuce and tomato.

Roast Beef Club

6.55

Sliced roast beef and Swiss cheese with lettuce and tomato.

Corn Beef Club

6.55

Sliced corn beef and Swiss cheese with lettuce and tomato.

B. L. T.

5.50

B. L. T. Club

6.55

Sliced bacon, lettuce and tomato.

Turkey Club

6.55

Sliced turkey, bacon, lettuce and tomato.



Croissants

Croissants served with cup of soup.
Choice of fresh fruit or French fries.

Roast Beef and Swiss Cheese Croissant

6.45

Turkey and Swiss Croissant

6.45

Corned Beef Croissant

6.45

Ham and Swiss Croissant

6.45

Tuna Croissant

6.45

Stir Fry

All Stir-Frys include cup of soup or tossed salad and served over rice.

Vegetable

6.25

Chicken

7.95

Steak

8.95



Pasta

All pasta includes cup of soup or tossed salad
and served with garlic bread.

Spaghetti or Mostaccioli

6.95

Served with marinara sauce.

Chicken Parmesan

7.95

Chicken breast topped with marinara sauce and mozzarella cheese. Served with spaghetti or mostaccioli.



Crisper

Crisper served with cup of soup.
Choice of fresh fruit, French fries or chips.

Roast Beef, Turkey, Ham, Corned Beef or

6.45

Chicken Breast Crisper

Sautéed onion, green peppers, mushrooms and mozzarella cheese on French bread baked until crispy.

Wraps

A meal all wrapped up in a flour tortilla. Served with a cup of soup.
Choice of fresh fruit or French fries.

6.45

Meats: Roast Beef, Ham, Grilled Chicken, Corned Beef, Turkey, Tuna, Chicken Salad, and Beef. (Skirt Steak 7.95)

Ingredients: Lettuce, Tomato, Bacon, Green Pepper and Onion.

Cheeses: Cheddar, Swiss and American.

Toppings: Mayonnaise and Caesar Dressing.



Summer Delights

Chicken Delight	6.95
Tender chicken breast garnished with fresh fruit, served with cottage cheese and raisin toast.	
Tuna Cold Plate	6.45
White tuna salad garnished with tomato wedges, cottage cheese, cucumbers, hard boiled egg, fresh fruit with raisin toast.	
Stuffed Avocado	6.55
Avocado stuffed with all white tuna garnished with tomato wedges, cottage cheese, hard boiled egg with raisin toast.	
Low-Cal Hamburger	6.45
Beef patty with cottage cheese, garnished assorted fresh fruit and raisin toast.	
Low-Cal Chicken Plate	6.95
Grilled chicken breast served with cottage cheese, tomato slices, fresh fruit and raisin toast.	
Stuffed Tomato Tuna	5.95
Tuna salad garnished with cottage cheese and fresh fruit.	
Low-Cal Skirt Steak	8.95
Skirt Steak with cottage cheese garnished with assorted fresh fruit with raisin toast.	

Kids Menu

Must be 10 years old or younger.

One Egg (Any Style)	2.95
Served with two strips of bacon or sausage link and hash browns.	
Mickey Mouse Pancake	2.85
Add sausage links for \$1.50	
Silver Dollar Pancakes	2.85
Add sausage links for \$1.50	
Short Stack	2.95
Two Chocolate Chip Pancakes	3.95
Plain Mini Omelets	2.95
Two Slices of French Toast	2.95
Kids Grilled Cheese with Fries	2.95
Beef Burger with Fries	3.95
Cheese Burger with Fries	4.75
Kids Chicken Fingers	4.95

Extra Side Dishes

Bacon	2.35
Canadian Bacon	2.75
Sausage Link/Patties	2.15
Ham off the Bone	2.95
Corn Beef Hash	2.75
French Fries	1.55
Hash Browns	1.95
Cottage Cheese	1.55
with peaches	2.95
Toast	1.35
Raisin Toast	1.55
English Muffin	1.50
Pecan Roll	2.25
Plain Bagel	1.95
Bagel with Cream Cheese	2.50
Dinner Salad	2.50
Fresh Fruit	2.95

Juices & Beverages

	Small	Large
Orange Juice	1.45	1.75
Grapefruit Juice	1.45	1.75
Apple Juice	1.35	1.95
Tomato Juice	1.35	1.95
Milk	1.45	1.95
Chocolate Milk	1.55	2.35
Soft Drinks	1.65	
Hot Chocolate	1.65	
Hot Tea	1.49	
Coffee	1.49	
Milk Shakes	2.95	

Flavors: Vanilla, Chocolate and Strawberry.

Ask your server for more flavors

15% Gratuity added to parties of 8 or more.

The Illinois Department of Public Health advises that eating raw meat, poultry, eggs, or seafood poses a health risk to everyone, but especially to the elderly, children under the age of nine, pregnant women, and other highly susceptible individuals with compromised immune systems. Thorough cooking or such animal foods reduces the risk of illness. For further information, please contact your physician or public health department.

www.flappyspancakehouse.com